

# Getting started with Telehealth

1. Use a computer, tablet, or smartphone that has a front facing camera and microphone
2. Supported devices are: Mac, PC, Android, and iOS
3. Supported browsers are: Chrome, Firefox, Safari, and Edge
4. Enter <https://8x8.vc/ccft/jeffrey.weist> web address into the browser address bar or:
  - a. If sent a link by email: Click the link included in your invitation to join the meeting
5. If you would like to use an app/software instead of your browser:
  - a. Click on the: <https://download.8x8.vc/> called “8x8 Meet”
  - b. Click “Join/start meeting as guest”
  - c. Enter this address <https://8x8.vc/ccft/jeffrey.weist>
6. Type in your name and click “Join Meeting”
7. Allow your browser to use your webcam and microphone

## Video Tips:

- a. Have a good internet connection
- b. Restart your device before the visit
- c. If using an app/software, download and/or update it before your appointment

Backup video chat is: <https://doxy.me/weist>